



Conference Travel Club
Adventures Empowering Professionals

TRAVELLERS CHECKLIST





TRAVELLERS CHECK LIST

CLOTHING	
<input type="checkbox"/>	Boots
<input type="checkbox"/>	Comfortable walking shoes
<input type="checkbox"/>	Dress shirts
<input type="checkbox"/>	Dresses
<input type="checkbox"/>	Hat
<input type="checkbox"/>	Jacket
<input type="checkbox"/>	Jeans
<input type="checkbox"/>	Light jacket
<input type="checkbox"/>	Long sleeve shirts
<input type="checkbox"/>	Rain jacket, windbreaker and/or collapsible umbrella
<input type="checkbox"/>	Safety pins
<input type="checkbox"/>	Sarong
<input type="checkbox"/>	Scarf
<input type="checkbox"/>	Sewing kit
<input type="checkbox"/>	Shoes
<input type="checkbox"/>	Shorts
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Skirts
<input type="checkbox"/>	Sneakers
<input type="checkbox"/>	Socks
<input type="checkbox"/>	Sweater or fleece
<input type="checkbox"/>	Swimming gear
<input type="checkbox"/>	T-shirts
<input type="checkbox"/>	Thongs
<input type="checkbox"/>	Trousers
<input type="checkbox"/>	Underwear



DON'T FORGET

- ✓ Bring an extra change of clothes and wet wipes in your hand luggage
- ✓ Pack clothes you can layer - scarves
- ✓ Under-pack, don't overpack, you can always buy overseas

TOILETRIES	
<input type="checkbox"/>	Anti-bacterial cream
<input type="checkbox"/>	Comb or brush
<input type="checkbox"/>	Lip balm
<input type="checkbox"/>	Make-up
<input type="checkbox"/>	Moisturiser (face and body)
<input type="checkbox"/>	Razors
<input type="checkbox"/>	Sunscreen
<input type="checkbox"/>	Toothbrush, toothpaste, Steripod clip on toothbrush sanitiser
<input type="checkbox"/>	Small packs of tissues
<input type="checkbox"/>	Steripod clip on toothbrush sanitizer
<input type="checkbox"/>	Small packs of tissues



USEFUL TRAVEL ACCESSORIES	
<input type="checkbox"/>	A hand sanitiser while you're on the move
<input type="checkbox"/>	Sealable plastic bags of varying sizes
<input type="checkbox"/>	An extra change of clothes and wet wipes in your hand luggage
<input type="checkbox"/>	Light day backpack for sightseeing (not a 'bumbag' you will look like a tourist)
<input type="checkbox"/>	Laundry travel bag to keep dirty and clean clothes separated (not usually hard to find places to do laundry in most parts of Europe) – stain remover pen and a small packet of laundry powder
<input type="checkbox"/>	Braided travel clothesline (no need for pegs)
<input type="checkbox"/>	Non perishable snacks ie nut bars, granola bars etc
<input type="checkbox"/>	Packing cubes or airless baggies or mesh bags, pack-it-fold-it, for your suitcase organization
<input type="checkbox"/>	Water bottle
<input type="checkbox"/>	Inflatable travel pillow
<input type="checkbox"/>	International driving license (if required)
<input type="checkbox"/>	Mosquito net
<input type="checkbox"/>	Passport photos (spare ones)
<input type="checkbox"/>	Microfibre Towel
<input type="checkbox"/>	Travel alarm clock
<input type="checkbox"/>	Umbrella
<input type="checkbox"/>	Wet wipes/Baby wipes - Fantastic for cleaning hands before eating

MEDICAL	
<input type="checkbox"/>	First aid kit (bandages, gauze, adhesives, etc.)
<input type="checkbox"/>	Activated charcoal (stomach upsets)
<input type="checkbox"/>	Personal prescriptions (<i>If you need regular doses of prescription medication, plan ahead and take the prescription with you and proof of medical authorisation, some countries forbid certain medications</i>)
<input type="checkbox"/>	Pain and fever medication





ESSENTIALS	
<input type="checkbox"/>	Sunglasses, glasses, contacts and cases
<input type="checkbox"/>	Luggage locks
<input type="checkbox"/>	Passport (check its expiry!) and Visas
<input type="checkbox"/>	Tickets (particularly e-Tickets)
<input type="checkbox"/>	Travel Insurance (obligatory)
<input type="checkbox"/>	Photocopies of passport, visas, tickets and travel insurance documents
<input type="checkbox"/>	Itinerary (airline, train, bus, accommodation bookings etc.)
<input type="checkbox"/>	Mobile Phone - even if you aren't going to use it as a phone, it's most likely also your contact list and is great to have in an emergency
<input type="checkbox"/>	Address book and list of important contacts or numbers
<input type="checkbox"/>	Pack, Backpack, suitcase ... something to pack everything in!
<input type="checkbox"/>	Notebook
<input type="checkbox"/>	Pens - lots of immigration forms to fill in
<input type="checkbox"/>	Copies of all documents (ie passport, license, credit and debit cards, travel documents) in case you lose your wallet and leave a copy with family or friends here in Australia
<input type="checkbox"/>	Have your travel insurance documents with you, including contact details
<input type="checkbox"/>	List of Medications

MOBILE / ELECTRONIC DEVICES	
<input type="checkbox"/>	Mobile phone and charger, Laptop, ipad, or E-reader and charger(s)
<input type="checkbox"/>	Camera and/or a video camera, extra memory cards, extra batteries, storage for photos ie flash drive and chargers
<input type="checkbox"/>	Lipstick size portable charger
<input type="checkbox"/>	International power adapters (USB Travel adaptor)

